



The Russell Revolution - A Revolution in Manning Up - Weekly Power Tips

Dear %%name%%,

What's your EGO costing you – Your happiness, amazing women in your life, control to direct your life?

This week I'm going to introduce you to the power of getting conscious to what goes on in that head of yours. When I learnt this, it changed my life forever.

Whether you realize it or not, it runs on its own accord, unless you take control!!! FULL CONTROL

It's called the EGO, designed to protect us... but its gone way overboard. And it's up to you to change his bad habits.

If you want to live a far happier, successful and rewarding life in love, confidence filled with a **great social life, women, dating, sex and power!** Then let me tell you how to become conscious and take control.

Before we continue, let's explore what that voice of the EGO tells you:

- I don't need help to improve my life ill just keep on going as it is
- I'm not ready to meet women have a woman in my life, but when I have more money and a better car
- I'd like to meet her but I don't have a clue how to approach her and talk to her
- I'll dance near her, maybe she'll start talking to me
- I'll buy her drinks and take her for expensive dinners and maybe she'll like me
- She has a boyfriend foresure!
- She'd be more into those guys than me
- Get help to improve my skills to be more confident, learn how to to meet and talk to women to build attraction?
- No way, that's not cool; I'm way too cool for that. I don't need help. Fuck I hate those guys that can talk to women!
- Back to my mates and getting drunk and hoping she'll just fall on me
- And on it goes!!!

Men, become conscious of your thoughts. Don't trust your thoughts as they are not real it's just your EGO.

Listen man to what she is saying! Focus and be present.

Talk to your thoughts, "Oh so you're telling me EGO that she wouldn't be into a guy like me, how do you know that, are you a mind reader. Anyway fuck you brain, I'm going to do it anyway, even if she spat in my face and told me to fuck off, Ill live, my life will go on".

You're not a mind reader, your EGO isn't either and you don't know what women really wants and whether they like you or not, not until you meet her and find out.

Men, men, men, stop letting the EGO run your life show, learn how to change your thinking and you're life will change.

- ♥ You do deserve the best – you're amazing
- ♥ You can have just about anything you desire
- ♥ If others have done it, so can you, it's just a matter of how
- ♥ Changing how you think is like working out to build a good body, it takes time, practice, commitment, so stay committed to changing your thinking - and experience the joy
- ♥ Write down how you want to see yourself and read it everyday with passion

- ♥ If it doesn't go as planned, pick yourself up man and go again. But if you don't swing that bate, you don't get... JACK SHIT! NOTHING!!

The things you don't know how to do but want to know how to do... is just a lack of training, laziness and your EGO.

With Russell Revolution training and transformation work, we have the technology to rebuild you. Stay tuned for more helpful tips and our training manual and courses that are coming very soon.

To you power,

Trevor Russell

Helping men to change your life for amazing confidence, fun, happiness, success, lifestyle and to learn how to attract your women, create amazing relationships, regardless of looks and money!

Revolution Guarantee

If you've followed our plan of transformation, stay committed to building a happy, fulfilling, powerful life, filled with love and your woman, but still don't feel satisfied. It's my personal guarantee to coach you for free until you get what you want. Hey, I'll even go get you a girlfriend.

Links to Revolution Site

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Unlock the secrets to attraction
and unleash your Superhero Qualities to openly
meet and communicate with beautiful women

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R U S S E L L R E V O L U T I O N



Trevor Russell

Social Scientist – Coach – Facilitator

Testimonials

I have had the pleasure of a close friendship with Trevor for some year's now and have been amazed at my change of attitude to approaching very good looking woman. I have in the past thought I am not bad at connecting with woman. I had no idea until I meet Trevor. He has a way of looking at talking to people in general and good looking woman in particular that may in the past have made me think I was not good enough to make contact. Trevor has shown me that having fun is the most important thing and if something comes of it then so be it. NO Pressure. Man up is one of the things you can learn from Trevor I can tell you it is one of the most important concepts I have ever come across. I meet my current girlfriend with Trevor and I can tell you without his input I may not have approached such an attractive lady. If I had a dollar from everyone that said to us "how did you get her she is stunning" I would be able to retire early. Trevor thanks Mate! - **Andrew Walsh**

Trevor Russell has an amazing ability to connect with people. Ive seen it again and again. He is playful, funny and loves people. They feel comfortable and love being around him. The man is a master of creating connection. Take control of your life - intimate, business, friendships. Live the dream because life pays the price we ask of it. - **K-Man**

Someone once said: If you want to be successful, find someone who has achieved the results you want, copy what they do and youll achieve the same results! Through hard work, massive action and lots of fun Trevor has mastered the art of connecting with women. He is someone you want on your team when it comes to unleashing your superhero qualities and fully embracing your manhood. There are countless women waiting to be rescued, so give yourself the gift of the Russell Revolution today.- **Miss Leah Model and Dietician**

I remember the first time I met Trev. It was at a conference on a Tropical Island, and he swept me off my feet. He seemed to know me instantly, and I felt comfortable with him straight away. He is easy to talk to, a great listener, and has a gorgeous mind, body and soul.Trev is the sort of person that brightens up the room, and is the life of the party. Everyone has fun when he's around.He's an extremely good communicator, and personally I feel like I can talk to him about anything and everything. He makes me feel beautiful and sexy, and I have learnt a lot about myself during the time I've known him. His daring, caring and humorous personality would be irresistible to any woman who is looking for a friend or lover. - **Michelle**

For any questions you may have please email us at info@russellrevolution.com.au

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