



"Hey guys... do you want to unlock the secrets to your own superhero powers and learn how to meet and communicate with women?"



Imagine if you could walk up to any girl and create a connection – it's called having choices!

Hi , long time no speak, I've been in Bali on holidays. I had a blast. What an amazing place. You have to get over there. It's the best!

Here are some photos for you:



Anyways down to business.

As the heading says, imagine if you had the confidence, skills and abilities to be able to walk up to any girl and make a connection. Ok ok... yes I may be exaggerating a little. Some girls will walk away and some will not be very nice.

However, just imagine if you could walk up to just about any woman (far more than you do right now, I'm sure) and have the skills to build a connection.

You would have to ask yourself right now:

- Would you be dating the girl you're with right now?
- Did you marry the lady you really feel is right for you?
- Would you be working in the job you have?
- Would you be going home frustrated because you couldn't go up and meet her?
- Would you still be lonely and afraid?

If the answers on most are still 'Yes' good for you! If you have some 'Nos' maybe its because you fell you didn't have choices, so you took what you could get. Having a better life is about have choices!

However, right now, just about all men don't have many choices. Including having no or little ability to go up to women and have any idea as to how to meet and build a connection with her.

And, they'll keep doing it the same way every day, week and year. Going out into the world, with the same fears

the same style and same problems. It's called male madness.

However, it hasn't been your fault because - until now you're about to find out a different approach. You don't know what you don't know!!! - Its called "Unconscious Incompetence".

I'm going to teach you "Conscious Competence" the other way!!

I just got back from Bali 2 weeks ago and become good mates with a girlfriend's friend. Let me paint the picture for you. He's 6'2" half Danish/ English and looks like he's walked straight out of a GQ photo shoot.

He's got it going on!! Surprisingly he tells me the last time he was on holidays in Bali he did not meet one person for a week, due to being so shy and just not knowing how to go up and meet a woman.

Within a couple of days of hanging out with me - I had this guy laughing and meeting women. Doing silly magic tricks telling jokes and just loving life.

All of a sudden he had gained some confidence and had the skills to go up and meet women.

He still has a long way to go with practice and dealing with the Fear Mind, however it was a great experience for me to be with a guy like this and see that even supermodel guys have the same fears as less physically attractive men.

God this is exciting! It's exciting for me to share this with you.

I really look forward to some of you saying to your EGO, 'you know what, I'm sick of being in terrible relationships or lonely, I'm going to ask Trevor for some guidance, superhero guidance'. Let's see who mans up?

So let's get back to improving your abilities to have choices, which I cover in more detail in my book, however here's a snap shot for you today.

Confidence = Skills + Action

This is a very simple and powerful formula I developed to help you have choices

Skill

You're learning the skills with how to think in more productive ways about yourself, you learn the mod to go and meet women by means she will find more appealing and thus far more receptive to your approach

Action

Then you go out and apply this new skill by taking action. Regardless of what your brain is telling you.

Confidence

Once you have taken action confidence comes as the action opens you to growth from the experience of doing it, learning and getting some positive outcomes with the ladies. You feel great! You feel confident!

However what most guys do is go out into the world with no idea of what to say, they feel terrible about themselves and then wonder why they bomb out! What you put out is what you get back!

Look guys, going out to meet women with no idea is like going to your job with no idea of what to do. Oh yes... you may show up and think... I'll just wing it. Then you're told later in the day... don't call us... we'll call you.

If you're successful in life and with the ladies, power to you!

If you're sitting there alone and want to go meet her and have some choices in life. If your game to date has been bragging, buying, interviewing her and handing your balls over and this is still not working. Then read on!

Here's a taste to get you started!

Skills

About you

Find out about how to like yourself
Reinforcing positive things about yourself
Spending some time alone and away from the computer
Developing your goals, dreams and aspirations to have a fulfilling life
Getting off the booze and drugs and personal abuse
Laughing and having fun which has nothing to do with money and stuff

About her

You're standing next to her and just start talking with a statement and a story. Just blurting out, 'I love this place, it's so warm and inviting, it reminds me of a very beautiful restaurant I went to in Brazil. Have you been to Brazil?'

A powerful skill when talking to women is to always talk in statements and stories, then some small questions. It's hypnotic. Women don't have come-backs and shut downs to statements and stories. They'll just stay and listen.

See it's your job as the man, the hunter and protector, to sell her for the first 10 to 15 minutes. But most guys have no game and are all full of fear. In the majority of cases he buys her a drink or says hello what is your name. She says her name and then walks off. Shut down. He goes home crying.

There are better ways men. It's called Skill. I can teach it to you.

Action

It's about you learning the ways to talk to yourself and then ways to go out and approach, meet and talk to her.

If you're not approaching and meeting, you're not bringing her into your life.

Women do not approach men OK, so stop staring at her. She is not going to walk up to you unless you look like my mate I talked about earlier. Even then he had to wait 7 days of being alone before a girl invited him over to join them.

I don't know about you but I don't have 7 days to waste on a fearful mindset!

Confidence

You are a man. You let go of worrying about what other people think. Because you realized finally, they're not thinking about you my friend.

They're thinking about the money they don't have and want, the girl they like, their pain in the ass boss. Getting to the gym, buying that car, losing their hair and when they can get home to masturbate again.

Your confidence is now about practicing your skills, studying, reading, getting coached and living life as a Superhero does.

Then going out feeling the fear but having a go and getting some wins.

Treating women like women, the way a man should.

Bottom line guys, even if it didn't go as planned and she can't quite see the prince I can see in you. You feel good about yourself, you're on your way to having more skill, to being able to connect with women and have choices.

Hey I get it. Being a Revolution Man is not for all guys. It takes some work and effort and some people are just not up for that. However for those of you who are up for it.

I'm here to help you.

To your power,

Trevor Russell

----- Revolution Guarantee -----

If you've followed our plan of transformation, stay committed to building a happy, fulfilling, powerful life, filled with love and your woman, but still don't feel satisfied. Its my personal guarantee to coach you for free until you get what you want.
Hey, ill even go get you a girlfriend.

Links to Revolution Site

1. [Refer this powerful information to a friend](#)
2. [Click here to get your Revolution E-Book or Audio Download and get started on taking control of your life, learn about attraction and how to meet your woman regardless of looks or money](#)

Need to unsubscribe?

Why did you get this email? Well, I may have gotten your card while out socializing and felt you would find this information informative, or you have received it by mistake. If you don't want to get these emails or other powerful information regarding the Revolution in Manning Up!

Click here to unsubscribe - [Click here to unsubscribe to this powerful information](#)



Unlock the secrets to attraction
and unleash your Superhero Qualities to openly
meet and communicate with beautiful women

info@russellrevolution.com.au

R U S S E L L R E V O L U T I O N



Trevor Russell

Social Scientist – Coach & Facilitator

Helping men to change your life for amazing confidence, fun, happiness, success, lifestyle and to learn how to attract your women, create amazing relationships, regardless of looks and money!

Testimonials

I have had the pleasure of a close friendship with Trevor for some year's now and have been amazed at my change of attitude to approaching very good looking woman. I have in the past thought I am not bad at connecting with woman. I had no idea until I meet Trevor. He has a way of looking at talking to people in general and good looking woman in particular that may in the past have made me think I was not good enough to make contact. Trevor has shown me that having fun is the most important thing and if something comes of it then so be it. NO Pressure. Man up is one of the things you can learn from Trevor I can tell you it is one of the most important concepts I have ever come across. I meet my current girlfriend with Trevor and I can tell you without his input I may not have approached such an attractive lady. If I had a dollar from everyone that said to us "how did you get her she is stunning" I would be able to retire early. Trevor thanks Mate !- **Andrew Walsh**

Trevor Russell has an amazing ability to connect with people. Ive seen it again and again. He is playful, funny and loves people. They feel comfortable and love being around him. The man is a master of creating connection. Take control of your life - intimate, business, friendships. Live the dream because life pays the price we ask of it. - **K-Man**

Someone once said: If you want to be successful, find someone who has achieved the results you want, copy what they do and youll achieve the same results! Through hard work, massive action and lots of fun Trevor has mastered the art of connecting with women.

10/07/2009

<http://login.ireach.com.au/em/messa...>

He is someone you want on your team when it comes to unleashing your superhero qualities and fully embracing your manhood. There are countless women waiting to be rescued, so give yourself the gift of the Russell Revolution today. - **Miss Leah Model and Dietician**

I remember the first time I met Trev. It was at a conference on a Tropical Island, and he swept me off my feet. He seemed to know me instantly, and I felt comfortable with him straight away. He is easy to talk to, a great listener, and has a gorgeous mind, body and soul. Trev is the sort of person that brightens up the room, and is the life of the party. Everyone has fun when he's around. He's an extremely good communicator, and personally I feel like I can talk to him about anything and everything. He makes me feel beautiful and sexy, and I have learnt a lot about myself during the time I've known him. His daring, caring and humorous personality would be irresistible to any woman who is looking for a friend or lover. - **Michelle**

For any questions you may have please email us at info@russellrevolution.com.au

Register for our FREE ongoing life changing newsletters and updates at www.russellrevolution.com.au

Download FREE reports and guides to success in life with women and happiness at www.russellrevolution.com.au